MAC Development Camp









The Pond Welcomes...

Our guest for Summer 2022 Pond Camps is Connor McDonald . Connor is a current professional player. McDonald has played games in the AHL for the SanJose Baracudas, Utah Grizzlies and your Hometown team, The Cleveland Monsters. Growing up in Columbus, Connor spent his college years playing for BGSU and Youth Hockey with Ohio AAA Blue Jackets.

Connor will also be available for private lessons.

Contact Cmacdevo6@gmail.com

Week #2	June 13 - June 17	8am -12:30pm	Pee Wee & Bantam

Week #3 June 20 – June 24 8am-12:30pm Mite & Squirt

Week #4 June27 – July 1 8am -12:30pm Pee Wee & Bantam

Week #5 July 18 – July 22 8am-12:30pm Mite & Squirt

Week #6 July 25 – July 29 8am-12:30pm Mites & Squirt

All Camps include 13 hours of ice time and 5 hours of Off Ice Training.

\$325 per week

Focus will be on inspiring our young hockey players with fun drills and new knowledge while developing a work ethic. Connor connects with young hockey players while sharing what it takes to play at a professional level.

On Ice Focus Off Ice Focus

Power Skating Dryland Stick work

Edge Technique Stretching warmups and Yoga

Game situations Hockey Specific workouts/routines

Individual break out Synthetic Shooting practice

Scrimmages

All Campers bring lunch and snacks (vending available) Mon-Thurs.

Friday the camp provides Pizza Lunch.

